

SCHOOL CALENDAR

DATE	EVENT
Oct 4	Chipotle Spirit Night (2012 S Pleasant Valley Rd 5:00-9:00 p.m.)
Oct 7	Family Movie Night @ 6p.m. (Gym; movie The Jungle Book)
Oct 20	Skyline Laser Tag Spirit Night (2012 S. Loudoun St; 6-8p.m.)
Oct 20	End of 1 st Nine Weeks
Oct 21	NO SCHOOL
Oct 24	NO SCHOOL
Oct 28	Monster Mash (APRES; 6-8p.m.)
Nov 1	Report Cards Issued
Nov 3	PTO Meeting (Library @ 4:00p.m.)
Nov 4	1 st Grade Field Trip (Frontier Culture Museum)
Nov 10	Pictures Retake
Nov 23, 24, & 25	NO SCHOOL (Thanksgiving)
Dec 22 - Jan 2	NO SCHOOL (Winter Break)

ALLERGIES ALERT!!!

For the safety of our students, Apple Pie Ridge asks that outside food is not brought into our school for class consumption by parents unless directed to do so by your child's classroom teacher. Allergies are a very serious issue and outside food creates a risk to our students. This particularly could impact student birthdays, so, as a parent or guardian, you may buy a book or pencils for the class on behalf of your child on his/her special day, but cupcakes and other foods will not go into the cafeteria. Thank you in advance for keeping our students safe!



Student Council Association Officers for the 2016-2017 School Year

PRESIDENT: Deuce Strosnider

VICE PRESIDENT: Casey Floyd

SECRETARY: Lilly Black

TREASURER: Teagan Freeman

REPORTER: Sofia Aikens

Congratulations to all our new Officers!

PTO School Cart!

The PTO School Cart will be open twice for the students during the month of October. The cart will be set up in the cafeteria during their lunch and will include school supplies, small toys and seasonal items. We will also be selling APR water bottles for \$3 and wristbands for \$1. **During the month of October, the cart will be open on Friday the 14th and the 23rd.** Please remember to send extra money to school with your child on that day if they wish to shop from the cart!!



Go APR Ravens! Your PTO Officers
applepieridgepto@gmail.com

APRES NEWSLETTER & LUNCH MENU – Copies Available

The APRES Newsletter and the school lunch menu are published monthly and will be available on the APRES webpage. Please notify the front office if you do not have Internet or email access and are interested in receiving a copy of these items.

RETURNED CHECKS

Frederick County Public Schools has an agreement with a third party administrator for the collection of all returned checks. If your check is returned by your bank, it will be automatically forwarded to a third party administrator after the first presentation. They will collect the face amount of the returned check plus the maximum collection fee allowable by law. Further action within the limits of law may be taken if you do not properly respond and Frederick County Public Schools may elect to cease accepting checks from you.

FROM EDLINE TO PARENT/STUDENT 360

Frederick County Public Schools began using a new student information system called Parent/Student 360 this school year. It has replaced Edline and will provide parents and students with a variety of information including student schedules, grades and attendance data. Parents should already have received a letter containing a user name and password that will allow them to login to Parent/Student 360. The Parent/Student 360 link can be found under Parents & Students on the school division's website and each individual school website.

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NON-DISCRIMINATION

In compliance with the Executive Order 11246; Title II of the Education Amendments of 1976; Title VI of the Civil Rights Act of 1972; Title IX Regulation Implementing Education Amendments of 1972; Section 504 of the Rehabilitation Act of 1973; and all other Federal and State laws and school policies and regulations, Frederick County Public Schools shall not discriminate on the basis of race, color, national origin, religion, sex, age, political affiliation, disability, or veteran status in the education program and activities, or employment.

Title IX Coordinator
John Linaburg
Executive Director of HR
1415 Amherst Street
Winchester, VA 22601
(540) 662-3888

Section 504 Coordinator
Lynette Johnson
Director of Special Services
1415 Amherst Street
Winchester, VA 22601
(540) 662-3888

For further information on notice of non-discrimination, see list of [OCR enforcement offices](#) for the address and phone number of the office that serves your area, or call 1-800421-3481

COMMUNICATIONS AND MEDIA ACCESS

Parents and eligible students **must** annually notify the office of the student's school in writing if they don't want the school division or the media to have access to their image, voice recordings or other similar identifying information during school-day operations; otherwise, they will be deemed to have given their permission for publications.

§ LUNCH ACCOUNTS §

To keep your student in good standing, please pay balances owed by sending cash or a check to student's school. Alternatively, you may choose to be part of the MySchoolBucks program. This program allows you to view current account balances, review recent purchases, receive low-balance alerts, and setup recurring payments on a weekly or monthly basis. VISA and MasterCard accepted 24 hours a day. **Register for MySchoolBucks on the school's website or on the FCPS homepage.** Users need to register with a user name and password. In order to register, you will need your student's ID number which can be found on report cards or progress reports. The 9-digit student ID number is the 5-digit PIN number used in the cafeteria with the number 7000 at the beginning. All existing account balances will remain on account.

Please help limit classroom interruptions & protect instructional time!

We request parent/guardian cooperation with the following procedures:

Bus Notes / Transportation Changes

If your child is to ride the bus home with another student or will be picked up by another student's parent, **BOTH students MUST have signed permission notes from their parent/guardian:**

- Stating their student's name
- The name of the student they will be riding home with
- The bus number they will be riding
- Teacher's name

Arrangements should be made **prior-to** students leaving home in the morning. Students will not be permitted to call home to initiate a change in transportation.

Early Pick-up

If you are picking your child up early, please send a note with your child to the office with:

- The time the student is to be picked up
- The reason for early dismissal
- The name of the person picking up your child
- Teacher's name

A parent/guardian (or approved party) must come into the main office and sign your student out.

Be prepared to show a picture ID when picking up your child.

Excessive unexcused early releases within each nine weeks results in disciplinary action

Emergency – Unplanned Changes Throughout the Day

Please make every effort to notify the office for transportation changes **AS EARLY AS POSSIBLE** in the school day!! Call 540-662-4781 We understand emergency situations and other unforeseeable situations will occur. We do ask that you please pre-plan whenever possible to minimize unnecessary class-time interruptions.

Consistent Changes – if you have a consistent schedule change in place for your child, send a note to the front office (for example, pick-up every Monday, BASIC REC every Tuesday, etc). If complex, please fill out a monthly calendar with details for each day of the month to help us keep up with your child's transportation changes. Questions? Call Front Office

Reporting Student Absences

When students will be absent, we request the parent/guardian notify the school by calling 540-662-4781 or emailing aprattnd@fcpsk12.net by 9:30 AM. Please state your name, the student's name, grade, teacher, and reason for absence. If your child has a medical or legal appointment, **a note** is required from that office in order to excuse the absence, tardy, or early release. The appointment verification note can also be **faxed** directly to the front office @ 540-722-3918.

**If you would like to pick-up homework for your child, please notify the office no later than 10:00 AM.

ARRIVAL TIME - School starts at **9:00 AM** (**Classroom accessible @ 8:45 AM; Breakfast accessible @ 8:30 AM**)

DISMISSAL TIME - **3:30 PM**. Normal dismissal begins with the calling of **BUSES** as they arrive, followed by **EVERYDAY PICKUPS**, then daily **SCHEDULED PICK UPS**, and finally **BASIC REC**. If your child has a "consistent change" on file in the front office, that child may be dismissed with the **Everyday Pickups** – be sure your child remembers; it will help make dismissal time a little easier!

Attendance Regulations

As per FCPS Attendance Regulations (410 R-A and 410 R-B)

Students may receive warnings, **detentions**, or **other school-based discipline** for excessive unexcused tardies, absences and early releases from school. Absences, tardies and early releases will be considered excused for reasons such as student illness, doctor, dentist & counseling appointments, pre-approved family vacations, court appointments, etc. Be sure to read the section titled *Attendance, Absence, and Tardiness in Grades K-5* in the Student and Parent Information handbook, which is available on the FCPS webpage. Please notify the APRES front office if you do not have internet access and need a copy of this handbook.



Greetings from the Counselor!

A big thank you for your participation in the Bright Futures can food drive! Our school donated over 13 boxes of food! Mrs. Mastropietro's kindergarten class was our overall school winner.

During the month of October, third grade students will be visiting Envoy and spending time with their residents talking with them and reading books. This is a great opportunity for our students to give back to the community.

The 2016 National Theme for Red Ribbon Week is: YOLO (You Only Live Once). Be Drug Free! Our school wants to encourage students to Be Drug and Alcohol Free. During the week of October 24th – 28th, your child is encouraged to participate in the activities to promote a healthy drug free lifestyle.

Monday – No School

Tuesday – YOLO – Live in the future – dress in a career outfit. Students are encouraged to dress up in an appropriate outfit highlighting what career they would like to have when they grow up.

Wednesday – YOLO – Live like your favorite character – dress like a children's book character. Students are encouraged to dress up as their favorite children's book character.

Thursday - Red Day – The class with the most red in each grade level will receive a prize.

Friday – YOLO – Live like a champion – wear your favorite team shirt/jersey or spirit wear!

Kimberly Wilbourne
School Counselor
wilbourk@fcpsk12.net











October



FREDERICK COUNTY ELEMENTARY SCHOOLS

2016

School Meals: The Real Deal

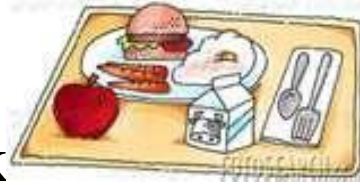
Monday	Tuesday	Wednesday	Thursday	Friday
3 CHICKEN PATTY on bun or FISH SQUARE on bun Choose 1 or 2 OVEN BAKED FRIES POWER PEAS Choose 1 FRESH FRUIT PEAR CUP	4 PIZZA STICKS w/sauce or SLOPPY JOE on bun Choose 1 or 2 BROCCOLI AU GRATIN POTATOES Choose 1 FRESH FRUIT PINEAPPLE CUP 	5 TACO w/ meat & cheese or HOT DOG on bun Choose 1 or 2 STEAMED CARROTS REFRIED BEANS Choose 1 FRESH FRUIT APPLESAUCE SUGAR COOKIE	6 GRILLED CHEESE SANDWICH or TURKEY on bun Choose 1 or 2 VEGETABLE SOUP w/crackers BAKED BEANS CRUNCHY CARROT STICKS w/ dip Choose 1 FRESH FRUIT MIXED FRUIT CUP	7 CHICKEN NUGGETS w/roll or FISH SQUARE on bun Choose 1 or 2 SNAPPY GREEN BEANS SWEET POTATOES Choose 1 FRESH FRUIT PEACH CUP
10 CHICKEN PATTY on bun or CHEESEBURGER on bun Choose 1 or 2 BAKED BEANS TATER TOTS Choose 1 FRESH FRUIT PEAR CUP 	11 SPAGHETTI w/cheese stick & bread stick or BIG BAD BURRITO Choose 1 or 2 GREEN LEAFY SALAD GOLDEN CORN SALSA Choose 1 FRESH FRUIT PINEAPPLE CUP	12 PIZZA or CHICKEN SALAD on BUN Choose 1 or 2 CRUNCHY CARROT STICKS w/ dip SNAPPY GREEN BEANS Choose 1 FRESH FRUIT APPLESAUCE CHOCOLATE CHIP COOKIE	13 HAM & CHEESE on Croissant or GRILLED CHEESE SANDWICH Choose 1 or 2 TOMATO SOUP w/crackers POWER PEAS Choose 1 GIGGLING GRAPES MIXED FRUIT CUP 	14 CHICKEN NUGGETS w/roll or FISH NUGGETS w/roll Choose 1 or 2 BROCCOLI SWEET POTATOES Choose 1 FRESH FRUIT PEACH CUP 
17 NACHOS w/cheese & meat or STEAK & CHEESE SUB Choose 1 or 2 PARSLEY POTATOES GOLDEN CORN Choose 1 FRESH FRUIT PEAR CUP 	18 CHEESEBURGER on bun or HOT DOG on bun Choose 1 or 2 TATER TOTS PINTO BEANS Choose 1 FRESH FRUIT PINEAPPLE CUP	19 PIZZA STICKS w/sauce or COLD CUT on bun Choose 1 or 2 GREEN LEAFY SALAD STEAMED CARROTS Choose 1 FRESH FRUIT APPLESAUCE	20 GRILLED CHEESE SANDWICH or TURKEY on croissant Choose 1 or 2 STEAMED BROCCOLI TOMATO CUP Choose 1 FRESH FRUIT MIXED FRUIT CUP CHICKEN NOODLE SOUP w/ crackers	21 NO SCHOOL
24 NO SCHOOL	25 CHICKEN TENDERS w/ roll or SALISBURY STEAK w/ roll Choose 1 or 2 MASHED POTATOES w/ gravy SNAPPY GREEN BEANS Choose 1 FRESH FRUIT PINEAPPLE CUP	26 PANCAKES w/SAUSAGE or FRENCH TOAST w/EGG PATTY Choose 1 POTATO WEDGES Choose 1 JUICE APPLESAUCE 	27 Pork Rib w/ roll or CHICKEN NUGGETS w/ roll Choose 1 or 2 GREEN LEAFY SALAD GOLDEN CORN Choose 1 GIGGLING GRAPES MIXED FRUIT CUP	28 PIZZA or HAM & CHEESE SUB Choose 1 or 2 TOMATO CUP LIMA BEANS Choose 1 FRESH FRUIT PEACH CUP 
31 CHICKEN PATTY on bun or FISH SQUARE on bun Choose 1 or 2 OVEN BAKED FRIES POWER PEAS Choose 1 FRESH FRUIT PEAR CUP HALLOWEEN COOKIE	National School Lunch Week!  October 10-14			*Additional Meal Choices: Offered Daily Salad w/ soft pretzels or Yogurt w/ soft pretzels

Note: Additional Fruits & vegetables may be offered daily. Students must select at least 1/2 cup of a fruit and/or vegetable.

All meals are served with a variety of low fat or skim milk daily.

"USDA is an equal opportunity provider and employer."

NATIONAL SCHOOL LUNCH WEEK OCTOBER 10-14, 2016



October 10-14 is **NATIONAL SCHOOL LUNCH WEEK**. We would like to invite you to eat **BREAKFAST** or **LUNCH** with your child at Apple Pie Ridge Elementary School during this week. Because of the need to order extra food, we must know in advance the number of people who will be attending.

If you will be having breakfast with your child, you may come any day throughout the week. The cost of breakfast is \$1.85 for adults and \$1.40 for children. Breakfast is served daily from 8:35-9:00 am.

If you will be joining your child for lunch, please find your child's lunch time on the schedule below. The cost of lunch is \$3.55 for adults and \$2.60 for children. We encourage parents to participate in National School Lunch Week by joining their child for school lunch. **We request that you do not bring fast-food to school to share with your child.** Please have correct change, if possible. We are unable to make change for large bills.

When arriving at school, please sign in at the office and take a visitor's sticker. If you will be eating lunch with your child, please wait in the hall outside the cafeteria for your child's class to come down. When the class arrives, join your child and go through the lunch line together.

LUNCH SCHEDULE

GRADE	TIME
Kindergarten	12:00 – 12:30
Grade 1	11:45 – 12:15
Grade 2	11:30 – 12:00
Grade 3	12:15 – 12:45
Grade 4	12:40 – 1:10
Grade 5	12:30 - 1:00

DETACH AND RETURN THIS FORM TO THE SCHOOL BY MONDAY, OCTOBER 10th.

Yes, I will be joining my child for **breakfast** on _____.
Date

Yes, I will be joining my child for **lunch** on _____ at _____.
Date Time

Grade: _____

How many adults: _____ How many extra children: _____

FREDERICK COUNTY MIDDLE & ELEMENTARY
BREAKFAST MENU 2016-2017

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Choose 1:</u> Strawberry Shortcake or Pancakes w/Syrup or Yogurt w/Graham Crackers or Cereal w/ Toast	<u>Choose 1:</u> Mini Waffles or Sausage Gravy Over Biscuit or Yogurt w/Graham Crackers or Cereal w/ Toast	<u>Choose 1:</u> Apple Crisp or Egg and Cheese on a Biscuit or Yogurt Parfait or Cereal w/ Toast	<u>Choose 1:</u> Chicken Patty on a Biscuit or Pizza Breakfast Bagel or Yogurt w/Graham Crackers or Cereal w/ Toast	<u>Choose 1:</u> Breakfast Pizza or French Toast Sticks w/Syrup or Yogurt w/Graham Crackers or Cereal w/ Toast
<u>Choose 1 or 2</u> Assorted Fruit Choice or Juice	<u>Choose 1 or 2</u> Assorted Fruit Choice or Juice	<u>Choose 1 or 2</u> Assorted Fruit Choice or Juice	<u>Choose 1 or 2</u> Assorted Fruit Choice or Juice	<u>Choose 1 or 2</u> Assorted Fruit Choice or Juice

All meals are served with a choice of fat-free flavored or unflavored milk or 1% low-fat unflavored milk.

FCPS Credit Card Payment System

FCPS is now using MySchoolBucks as its new online payment portal. MySchoolBucks will allow parents to view current cafeteria account balances, review recent purchases, receive low-balance alerts and setup recurring payments on a weekly or monthly basis. VISA and MasterCard are accepted 24 hours a day. Users will need to re-register for the system even if they used the online school payment system in the past. Visit your schools website and click on the MySchoolBucks link.



In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

Meal Prices

Student Lunch	\$2.60
Reduced Lunch	\$0.40
Student Breakfast	\$1.40
Reduced Breakfast	\$0.30
Adult Lunch	\$3.55
Adult Breakfast	\$1.85



A La Carte Prices

Breadstick/Cookie/Roll	\$0.40
Entree/Sandwich - Lunch (Student)	\$2.20
Entree/Sandwich - Lunch (Adult)	\$2.45
Entree/Sandwich - Breakfast (Student/Adult)	\$1.40
Ice Cream	\$0.75
Juice - 4 oz	\$0.50
Juice - 6.75 oz	\$0.75
Milk	\$0.50
Potato Products	\$1.35
Soup	\$1.50
Vegetable/Fruit	\$0.55
Water - 8 oz	\$0.50
Water - 16.9 oz	\$1.00
Yogurt (Trix)	\$0.75

Students may charge up to \$15.00 before they are served an alternative lunch.



PLEASE KEEP YOUR CHILD AT HOME: • If your child: has a temperature (oral, rectal or underarm) of 100 degrees or more during the past 24 hours • has persistent heavy nasal discharge • has a persistent heavy cough • has skin eruptions or an undiagnosed rash • has redness of the eyelid linings or an irritation of the eyes followed by swelling or discharge • is vomiting or has vomited in the last 12 hours • has difficult or rapid breathing • has diarrhea (more than one abnormally loose stool in a 24-hour period) * has live lice. If your child is sick, he or she is uncomfortable, cannot learn well and can infect others. Thanks for your cooperation!

POR FAVOR MANTENGA SU HIJO EN EL HOGAR: • Si su hijo: tiene una temperatura (oral, rectal o axilas) de 100 grados o más durante las últimas 24 horas • Tiene secreción nasal pesada persistente • tiene una fuerte tos persistente • tiene erupciones en la piel o una erupción no diagnosticada • tiene enrojecimiento de los forros de los párpados o una irritación de los ojos seguido de hinchazón o descarga • está vomitando o ha vomitado en las últimas 12 horas • tiene difícil o respiración rápida • tiene diarrea (más de un taburete anormalmente sueltos en un 24 -Hora período) * tiene piojos vivos. Si su hijo está enfermo, él o ella no se siente cómodo, no puede aprender bien y puede infectar a otros. ¡Gracias por su cooperación



SCHOOL BUS DRIVERS

Frederick County Public Schools in Virginia is seeking applicants for **SCHOOL BUS DRIVERS**. Candidates must have a good driving record, have or obtain a Commercial Driver's License (CDL), successfully complete training, be able to maintain order and discipline and be able to calmly respond to emergency situations. A high school diploma or GED is preferred. Benefits include health insurance, sick leave, personal leave, retirement and life insurance.

Salary range \$61.97 - \$118.76 per day.

Visit our website www.frederick.k12.va.us to complete an on-line application.
Click on *Jobs* and then *Alto* to fill out the application.

For more information please call
Elizabeth Keplinger,
Coordinator of School Bus
Driver Recruiting and Training
(540) 667-2770 Ext. 88410

Frederick County Public Schools is an equal opportunity employer and does not discriminate on the basis of race, color, national origin, religion, sex, age, political affiliation, disability or veteran status in the education program and activities or employment and provides equal access to the Boy Scouts and other designated youth groups.