

Apple Pie Ridge Elementary School

Home of the Ravens



349 Apple Pie Ridge Road, Winchester, VA 22603 | Phone (540) 662-4781

November 2016

#3

SCHOOL CALENDAR

DATE	EVENT
Nov 1	Report Cards Issued
Nov 3	PTO Meeting (Library @ 4:00p.m.)
Nov 4	1 st Grade Field Trip (Frontier Culture Museum)
Nov 7-11	Scholastic Book Reading Fair
Nov 8	NO SCHOOL
Nov 10	Pictures Retake
Nov 10-11	Frenchies & 5Star Auto Spa Fundraiser (See PTO Newsletter)
Nov 18	Family Night BINGO & Basket Raffle (Gym @ 6p.m.)
Nov 21	3 rd Grade Field Trip (Blandy Farms)
Nov 22	Kindergarten Thanksgiving (2:30p.m.)
Nov 23,24, & 25	NO SCHOOL (Thanksgiving)
Nov 30	Tips, Tricks & Takeaways Night (5:45-7:30p.m.)
Dec 6	Ledo Pizza Fundraiser (5-8p.m.)
Dec 16	1 st Grade Field Trip (Shenandoah Discovery Museum)
Dec 22 - Jan 2	NO SCHOOL (Winter Break)

PTO School Cart!

The PTO School Cart will be set up in the cafeteria during their lunch and will include school supplies, small toys and seasonal items. We will also be selling APR water bottles for \$3 and wristbands for \$1. **During the month of November, the cart will be open on Friday the 11th.** Please remember to send extra money to school with your child on that day if they wish to shop from the cart!!!



**Contact Your PTO Officers@
applepieridgepto@gmail.com**

www.apr.frederick.k12.va.us

Principal, Justin Raymond

www.frederick.k12.va.us

ALLERGIES ALERT!!!

For the safety of our students, Apple Pie Ridge asks that outside food is not brought into our school for class consumption by parents unless directed to do so by your child's classroom teacher. Allergies are a very serious issue and outside food creates a risk to our students. This particularly could impact student birthdays, so, as a parent or guardian, you may buy a book or pencils for the class on behalf of your child on his/her special day, but cupcakes and other foods will not go into the cafeteria. Thank you in advance for keeping our students safe!

APRES NEWSLETTER & LUNCH MENU

The APRES Newsletter and the school lunch menu are published monthly and will be available on the APRES webpage. Please notify the front office if you do not have Internet or email access and are interested in receiving a copy of these items.

SCHOOL INFORMATION

Keep Information Up-to-Date. Please be sure to contact the school whenever any of your child's contact information changes. It is important that the school has correct contact information for each student's parents/guardians. Whenever a home, cell, or work phone number, e-mail or home address changes, please contact the school so our records can be updated. Without the correct contact information, we are not able to effectively communicate and reach you in the event of an emergency. *Thank you!*

NON-DISCRIMINATION

In compliance with the Executive Order 11246; Title II of the Education Amendments of 1976; Title VI of the Civil Rights Act of 1972; Title IX Regulation Implementing Education Amendments of 1972; Section 504 of the Rehabilitation Act of 1973; and all other Federal and State laws and school policies and regulations, Frederick County Public Schools shall not discriminate on the basis of race, color, national origin, religion, sex, age, political affiliation, disability, or veteran status in the education program and activities, or employment.

Title IX Coordinator
John Linaburg
Executive Director of HR
1415 Amherst Street
Winchester, VA 22601
(540) 662-3888

Section 504 Coordinator
Lynette Johnson
Director of Special Services
1415 Amherst Street
Winchester, VA 22601
(540) 662-3888

For further information on notice of non-discrimination, see list of [OCR enforcement offices](#) for the address and phone number of the office that serves your area, or call 1-800421-3481

\$ LUNCH ACCOUNTS \$

To keep your student in good standing, please pay balances owed by sending cash or a check to student's school. Alternatively, you may choose to be part of the MySchoolBucks program. This program allows you to view current account balances, review recent purchases, receive low-balance alerts, and setup recurring payments on a weekly or monthly basis. VISA and MasterCard accepted 24 hours a day. **Register for MySchoolBucks on the school's website or on the FCPS homepage.**

Users need to register with a user name and password. In order to register, you will need your student's ID number which can be found on report cards or progress reports. The 9-digit student ID number is the 5-digit PIN number used in the cafeteria with the number 7000 at the beginning. All existing account balances will remain on account. Students may charge up to \$15.00 before they are served an alternative lunch.

RETURNED CHECKS

Frederick County Public Schools has an agreement with a third party administrator for the collection of all returned checks. If your check is returned by your bank, it will be automatically forwarded to a third party administrator after the first presentation. They will collect the face amount of the returned check plus the maximum collection fee allowable by law. Further action within the limits of law may be taken if you do not properly respond and Frederick County Public Schools may elect to cease accepting checks from you.



FROM EDLINE TO PARENT/STUDENT 360

Frederick County Public Schools began using a new student information system called Parent/Student 360 this school year. It has replaced Edline and will provide parents and students with a variety of information including student schedules, grades and attendance data. Parents should already have received a letter containing a user name and password that will allow them to login to Parent/Student 360. The Parent/Student 360 link can be found under Parents & Students on the school division's website and each individual school website.

Peachjar – Electronic Flyer Delivery

Last school year, Frederick County Public Schools launched a new electronic flyer communication tool called "Peachjar." Parents and other members of the community are now able to view school-approved eflyers by clicking the Peachjar button on each school's homepage. No action is required on your part to receive eflyers through Peachjar, as long as you have shared an email address with APRES. If you have not and wish to view flyers that used to be sent home with your student, send in your email address to the front office. Once added, go to the APRES web page and click on the peach icon in the bottom right corner. You will then be prompted to input your email address and create a password. Your email address will not be shared or used for any other purpose. Thank you for supporting our efforts to ensure parents are well informed about school programs, activities, and events.

If you have not shared an email address with us yet, you can still view FCPS eflyers @ <https://www.peachjar.com/index.php?a=28&b=138®ion=31215>



IMPORTANT ATTENDANCE INFORMATION

“Research shows that attendance is critical to student success – and school success. And parents have more influence than anyone else. Remember: Attendance isn’t just about being at school. It’s also about being on time.” (Firm, Fair, & Consistent, February 2012). Here are some important attendance information to remember.

- ❖ When your child is absent, please write a note stating the specific reason that your child missed school. Any notes that do not have a specific reason are considered unexcused. Please remember to write the date the child was absent and sign it as well.
- ❖ If your child visits a doctor’s office, please remember to get an official doctor’s note to bring back to school.
- ❖ If you know that you are planning an extended weekend, or will be out of town, please make sure that you send in a note at least 24 hours in advance. All trips need to be approved in order to be excused.
- ❖ When your child reaches 5 unexcused absences, the school counselor will make a phone call asking you to send in notes for the absences.
- ❖ After 1 week, if notes haven’t been submitted a letter will go home asking for notes for the absences.
- ❖ Once your child reaches 10 total (excused or unexcused) absences, a letter will be sent home.
- ❖ Once your child reaches 20 total (excused or unexcused) absences, a letter will be sent home and a meeting will be scheduled to discuss your child’s absences.

STAY HEALTHY THROUGH COLD AND FLU SEASON

As we enter the cold and flu season, Frederick County Public Schools’ Health Services Department is offering some tips that can help you and your children stay healthy.

Get Vaccinated

- Getting an influenza vaccination is the primary method for preventing the flu for individuals over 6 months of age. Flu shots are available at the local health department, private physicians, clinics and pharmacies.

Keep Your Hands Clean

- Hand hygiene is a general term that refers to a method of removing germs from the hands so they cannot be spread to anyone else. The two most common types of hand hygiene are hand washing with soap and water and using an alcohol-based hand rub. Hand sanitizer is available in all FCPS classrooms.

Practice Good Respiratory Hygiene and Cough Etiquette

- Cover your mouth and nose with a tissue when coughing or sneezing.
- Promptly throw away tissues after they are used.
- If a tissue is not available, cover your cough/sneeze with your elbow or sleeve, **not** your hand.
- Wash your hands after coughing or sneezing.

Stay Home if You are Sick

- If you are sick, avoid contact with other people. Do not return to work, school, or other activities until you are fever-free for at least 24 hours without the use of fever-reducing medication.

Keep Your Environment Clean

- If taking care of yourself or a sick person at home, make sure that you clean and disinfect surfaces and objects (such as kitchen counters, bedside tables, children’s toys, and surfaces in the bathroom) that may become contaminated with the influenza virus.



NOVEMBER 7-11

We will be having our annual Scholastic Book Fair in the library, November 7-11. Students will have chance to browse on Monday and Wednesday (November 7 and 9) during the school day, 8:45am-3:30pm. Students will be able to purchase books during the day, Thursday and Friday (November 10 and 11). The Book Fair will also be open Thursday evening, 5:30-7:00pm during the Reading Fair. Profits from the Book Fair are used to purchase books and materials for the library. This is a great time to get some of that Christmas shopping done and help the school out at the same time! You can also shop online at <http://www.scholastic.com/bf/applepieridgees>.

If you are interested in volunteering with the Book Fair, please contact Serena Omps in the Library. Thank you!

CLASSROOM WISH LISTS

As part of our Book Fair we are giving teachers the chance to make "wish lists" for their classroom. These lists will be displayed in the library during the book fair. During the book fair, you may purchase a book for your child's classroom. You will then place a bookplate in the front and it will be given to the teacher for his/her class library.

Parents - be sure to join us on November 11th from 5:30-7:00 pm to see the Reading Fair projects & visit the Scholastic Book Fair!

Profits from the Book Fair are used to purchase books and materials for the library.





Greetings from the Counselor!

Red Ribbon Week was a huge success! Our students and staff participated in all of the fun activities from dressing up as what they wanted to be when they grow up to their favorite book characters. It was awesome seeing so much Red around the school on wear RED day. The students had an opportunity to sign a football pledging to be drug and alcohol free!

During the month of November our school will be participating in a non-perishable food drive to benefit the Salvation Army. The Food Drive will begin on Monday, November 7th and go through Monday, November 14th. The **grade level** with the most food will receive a free spin of the wheel!

Our school will once again be sponsoring our "Tree of Warmth." We are asking for teachers, staff, parents/guardians/caretakers, and students to bring in hats, gloves, underwear, and socks. A tree will be placed in the office to place their items on and under. All items collected will be donated to a local organization.

I will also be meeting with all students for classroom guidance. Kindergarten will be learning about tattling vs. telling. First grade will learn about positive attitudes and cooperation in groups. Second grade will be learning about bullying. Third grade lessons will focus on identifying and talking with trusted adults in our school and community. Fourth grade lessons will be on cyberbullying. And fifth grade will be on Internet Safety.

On Wednesday, November 30th during the Tips, Tricks, and Take-Aways, I will be offering a session on parenting. Feel free to stop by and check the session out!

Kimberly Wilbourne
School Counselor
wilbourk@fcpsk12.net



SCHOOL BUS DRIVERS

Frederick County Public Schools in Virginia is seeking applicants for **SCHOOL BUS DRIVERS**. Candidates must have a good driving record, have or obtain a Commercial Driver's License (CDL), successfully complete training, be able to maintain order and discipline and be able to calmly respond to emergency situations. A high school diploma or GED is preferred. Benefits include health insurance, sick leave, personal leave, retirement and life insurance.

Salary range \$61.97 - \$118.76 per day.

Visit our website www.frederick.k12.va.us to complete an on-line application.
Click on *Jobs* and then *Alto* to fill out the application.

For more information please call
Elizabeth Keplinger,
Coordinator of School Bus
Driver Recruiting and Training
(540) 667-2770 Ext. 88410

Frederick County Public Schools is an equal opportunity employer and does not discriminate on the basis of race, color, national origin, religion, sex, age, political affiliation, disability or veteran status in the education program and activities or employment and provides equal access to the Boy Scouts and other designated youth groups.



November

FREDERICK COUNTY ELEMENTARY SCHOOLS

2016

School Meals: The Real Deal

Monday	Tuesday	Wednesday	Thursday	Friday
	1 PIZZA STICKS w/sauce or SLOPPY JOE on bun <u>Choose 1 or 2</u> BROCCOLI AUGRATIN POTATOES <u>Choose 1</u> FRESH FRUIT PINEAPPLE CUP	2 TACO w/meat & cheese or HOT DOG on bun <u>Choose 1 or 2</u> STEAMED CARROTS REFRIED BEANS <u>Choose 1</u> FRESH FRUIT APPLESAUCE SUGAR COOKIE	3 GRILLED CHEESE SANDWICH or TURKEY on bun <u>Choose 1 or 2</u> VEGETABLE SOUP w/crackers BAKED BEANS CRUNCHY CARROT STICKS w/ dip <u>Choose 1</u> FRESH FRUIT MIXED FRUIT CUP	4 CHICKEN NUGGETS w/roll or FISH SQUARE on bun <u>Choose 1 or 2</u> SNAPPY GREEN BEANS SWEET POTATOES <u>Choose 1</u> FRESH FRUIT PEACH CUP
8 BBQ PULLED PORK on bun or CHEESEBURGER on bun <u>Choose 1 or 2</u> BAKED BEANS TATER TOTS <u>Choose 1</u> FRESH FRUIT PEAR CUP	 NO SCHOOL	9 PIZZA or CHICKEN SALAD on BUN <u>Choose 1 or 2</u> CRUNCHY CARROT STICKS w/ dip SNAPPY GREEN BEANS <u>Choose 1</u> FRESH FRUIT APPLESAUCE	10 HAM & CHEESE on Croissant or GRILLED CHEESE SANDWICH <u>Choose 1 or 2</u> TOMATO SOUP w/crackers POWER PEAS <u>Choose 1</u> GIGGLING GRAPES MIXED FRUIT CUP 	11 CHICKEN NUGGETS w/roll or FISH NUGGETS w/roll <u>Choose 1 or 2</u> BROCCOLI SWEET POTATOES <u>Choose 1</u> FRESH FRUIT PEACH CUP
4 CHEESEBURGER on bun or CHICKEN PATTY on bun <u>Choose 1 or 2</u> SWEET POTATO PUFFS PINTO BEANS <u>Choose 1</u> FRESH FRUIT PEAR CUP 	15 PIZZA or HAM & CHEESE SUB <u>Choose 1 or 2</u> STEAMED CARROTS SNAPPY GREEN BEANS <u>Choose 1</u> FRESH FRUIT PINEAPPLE CUP	16 HOT DOG on bun or CHICKEN NUGGETS w/roll <u>Choose 1 or 2</u> GOLDEN CORN TOMATO CUP <u>Choose 1</u> FRESH FRUIT APPLESAUCE	17 ROAST TURKEY w/roll or BAKED CHICKEN w/roll <u>Choose 1 or 2</u> MASHED POTATOES w/gravy BREAD STUFFING GREEN PEAS <u>Choose 1</u> FRESH FRUIT MIXED FRUIT CUP HOLIDAY COOKIE	18 MACARONI AND CHEESE w/roll or FISH SQUARE on bun <u>Choose 1 or 2</u> TATER TOTS BROCCOLI <u>Choose 1</u> FRESH FRUIT PEACH CUP
21 NACHOS w/cheese & meat or STEAK & CHEESE SUB <u>Choose 1 or 2</u> PARSLEY POTATOES GOLDEN CORN <u>Choose 1</u> FRESH FRUIT PEAR CUP	22 CHEESEBURGER on bun or HOT DOG on bun <u>Choose 1 or 2</u> TATER TOTS PINTO BEANS <u>Choose 1</u> FRESH FRUIT PINEAPPLE CUP 	NO SCHOOL	 NO SCHOOL	NO SCHOOL
8 CORN DOG or TURKEY SUB <u>Choose 1 or 2</u> CRUNCHY CARROT STICKS w/dip BAKED BEANS <u>Choose 1</u> FRESH FRUIT PEAR CUP	29 CHICKEN TENDERS w/roll or SALISBURY STEAK w/roll <u>Choose 1 or 2</u> MASHED POTATOES w/gravy SNAPPY GREEN BEANS <u>Choose 1</u> FRESH FRUIT PINEAPPLE CUP	30 PANCAKES w/SAUSAGE or FRENCH TOAST w/EGG PATTY <u>Choose 1</u> POTATO WEDGES <u>Choose 1</u> JUICE APPLESAUCE 	Note: Additional Fruits & vegetables may be offered daily. Students must select at least 1/2 cup of a fruit and/or vegetable.	

All meals are served with a variety of low fat or skim milk daily.

"USDA is an equal opportunity provider and employer."

***Additional Meal Choices:**
 Offered Daily
 Salad w/ soft pretzels or
 Yogurt w/ soft pretzels